



Ozaukee County

SENIOR HOME DELIVERED MENU NOVEMBER 2018



♥ = Low Sugar Dessert

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| Veteran's Day - Sunday, November 11 THANK YOU FOR YOUR SERVICE! | | Thank you from a grateful nation To all who have and do serve. Honoring and remembering All who have fallen. | 1 SWEDISH MEATBALLS BUTTERED EGG NOODLES CREAMED SPINACH BREAD W/BUTTER PEAR VANILLA PUDDING | 2 BREADED FISH TARTAR SAUCE/SYRUP PKT POTATO PANCAKES 5-WAY MIXED VEGETABLE SPICED APPLE RINGS COOK'S CHOICE COOKIE ♥ FRESH FRUIT |
| 5 WHOLE GRAIN SPAGHETTI W/ITALIAN MEAT SAUCE & PARMESAN CHEESE TOSSED SALAD W/CUCUMBER ITALIAN DRESSING ITALIAN BREAD W/BUTTER MANDARIN ORANGES DESSERT BAR ♥ FRESH FRUIT | 6 JUMBO HOT DOG W/ KETCHUP & MUSTARD POPPY SEED BUN AMERICAN POTATO SALAD BAKED BEANS FRESH APPLE CHOCOLATE CHIP COOKIE ♥ SUGAR FREE COOKIE | 7 <i>Veterans Day Lunch</i> ROAST BEEF BAKED POTATO W/BUTTER, SOUR CREAM & CHEESE DELUXE DINNER SALAD W/DRESSING DINNER ROLL W/BUTTER FRESH FRUIT SALAD | 8 GROUND TURKEY CHILI W/ CHEESE, ONIONS & CRACKERS TOSSED ROMAINE SALAD W/DRESSING CORNBREAD W/BUTTER FRESH BANANA GIANT COOKIE | 9 CHEESEBURGER ON WHOLE WHEAT BUN W/LETTUCE LEAF & TOMATO SLICE KETCHUP/MUSTARD PKTS AMERICAN FRIED POTATOES BROCCOLI SALAD FRUITED YOGURT |
| 12 SWEET & SOUR CHICKEN W/PINEAPPLE, GREEN PEPPERS & ONIONS BROWN RICE STEAMED BROCCOLI FRESH ORANGE ALMOND COOKIE ♥ PINEAPPLE | 13 BARBECUE PULLED PORK ON A BUN GERMAN POTATO SALAD CALICO BEANS PICKLED BEETS WATERMELON WEDGE | 14 MEAT LASAGNA TOSSED SALAD W/ CROUTONS, TOMATOES & CUCUMBERS RANCH DRESSING FRENCH BREAD W/BUTTER LEMON BAR | 15 <i>Thanksgiving Lunch</i> OVEN ROASTED TURKEY MASHED POTATOES W/GRAVY GREEN BEAN CASSEROLE HERBED BREAD STUFFING CRANBERRY RELISH PUMPKIN PIE W/ WHIPPED TOPPING | 16 SLOPPY JOE WHOLE WHEAT BUN BUTTERED SWEET CORN SUN CHIPS PUDDING ♥ CANNED PEARS |
| 19 ITALIAN SAUSAGE W/ONION & GREEN PEPPER WITH MARINARA SAUCE SAUSAGE ROLL VEGETABLE PASTA SALAD FRESH PEAR PISTACHIO PUDDING ♥ SUGAR FREE PUDDING | 20 HEARTY BEEF STEW MASHED POTATOES CREAMY CUCUMBER SALAD RYE BREAD W/BUTTER APPLE KUCHEN ♥ FRESH APPLE | 21 <i>Lynn's Favorite Meal</i> APPLE & CRANBERRY CHICKEN SALAD CROISSANT BROCCOLI SALAD FRUIT SALAD DESSERT BAR ♥ FRESH ORANGE | 22 Thanksgiving Day | 23 |
| 26 ITALIAN CHICKEN IN MARINARA SAUCE WHOLE WHEAT ROTINI WITH MARINARA BUTTERED GREEN BEANS SEVEN GRAIN BREAD W/BUTTER GRAPES | 27 OVEN BAKED HAM MASHED POTATOES & GRAVY LIMA BEANS DINNER ROLL W/BUTTER DESSERT BAR ♥ BANANA | 28 BEEF TIPS IN MUSHROOM GRAVY MASHED POTATOES WITH GRAVY STEAMED BROCCOLI POTATO ROLL W/BUTTER SLICED PEACHES | 29 SMOKED PORK CHOP HASHBROWN CASSEROLE WISCONSIN VEG BLEND RYE BREAD W/BUTTER BANANA | 30 OVEN BAKED CHICKEN ON THE BONE WILD RICE BLEND HERB ROASTED ROOT VEGETABLES WHEAT ROLL W/BUTTER FROSTED CAKE ♥ FRESH FRUIT |

Lunch is served 11am - 1pm * Menu is subject to change

Aging and Disability: (262) 284-8120