

**Notable Quotable**

“It’s not the load that breaks you down, it’s the way you carry it.”

~ Lena Horne (born June 30, 1917)

“If you change The way you Look at Things, the Things you Look at Change”

~Wayne Dyer



**Eyesight Essentials**

On a bright June day, a pair of sunglasses might seem the perfect fashion accessory, but sunglasses are more than a fashion statement; they are important for good eye health. On June 27, Sunglasses Day, don a pair and spread the word.

Look for sunglasses that block 100 percent of both UVA and UVB radiation. This type of solar radiation is responsible for cataracts, skin cancer around the

eyes, and even sunburns on the eye’s surface. Not only will your eyes be healthier, but these sunglasses will also reduce wrinkles around the eyes. Sunglasses also reduce bright glares, block wind and dust, and reduce headaches and eyestrain in bright light. Whether you choose aviators or wayfarers, teashades or wraparounds, make sure that you both look cool and protect your eyes, keeping your future bright (but not too bright).



Friday, June 7th @ 10:00 am Chapel Devotional Hour with St. Francis Borgia

Sunday, June 9th @ 9:30 am Communion visits St. Joseph’s Parish

Tuesday, June 11th @ 3:00 pm Chapel Catholic Mass

Thursday, June 13th @ 3:00 pm Chapel Lutheran Worship with Pastor McClellan

Sunday, June 23rd @ 9:30 am Communion Visits St. Joseph’s Parish

Thursday, June 27th @ 3:00pm Chapel Lutheran worship with Pastor Maschke

Saturday mornings  
Christ Alone Worship  
Channel 956 @ 9:30 am

**Lasata Happenings**

June 2024

Lasata Care Center | W76 N677,  
N Wauwatosa Rd, Cedarburg Wi | 262-377-5060



**Music in the Courtyard Summer Series**

New Horizon Band  
Thursday, June 20<sup>th</sup>  
@ 6:00 PM

Root beer Floats  
Old fashions

Bob Welsch  
Thursday, June 25<sup>th</sup>  
@ 6:00 PM

Red, White and Blue Drink  
Old Fashions

Karaoke w/ DJ Lenny  
Thursday, August 22<sup>nd</sup>  
@ 6:00 PM

Pineapple Lemonade Rum  
Slushie  
Old Fashions

Eric Diamond Ebert  
Friday, September 13<sup>th</sup>  
@ 6:00 PM

Fuzzy Navel  
Old Fashions



Library Outing  
Thursday, June 6<sup>th</sup>  
1:15 pm

Scenic Drive  
Thursday, June 13th  
1:15 pm



If interested in going on one of the outings please see the activities department to sign up.

**Celebrating June**

**Adopt-a-Cat Month**

**National Soul Food Month**

**International Men’s Health Month**

**Watermelon Seed Spitting Week**  
June 27–30

**Go Barefoot Day**  
June 1

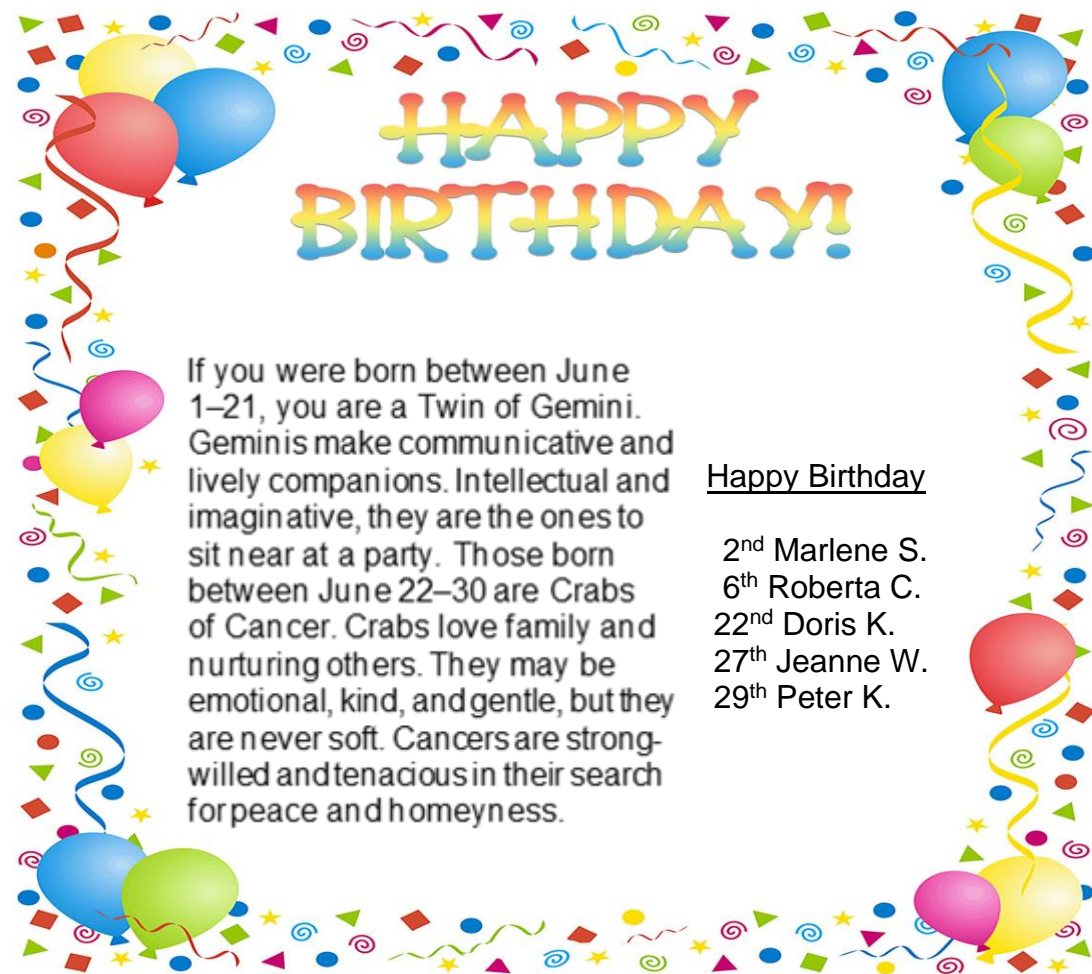
**Tailors Day**  
June 5

**National Doughnut Day**  
June 7

**Nature Photography Day**  
June 15

**Day of the Seafarer**  
June 25





**June Entertainment**

Cedarburg Senior Center Choir  
Monday, June 3<sup>rd</sup> 2:00 pm  
Kasten Hall

Parkview Elementary School  
Tuesday, June 4<sup>th</sup> 2:00 pm  
Kasten Hall

Trishaw Kick off with Gerald Weiland  
Monday, June 10<sup>th</sup> 2:00 pm  
Courtyard

John Raymond with Happy Hour  
Tuesday, June 18<sup>th</sup> 2:00 pm  
2 West

Jerry Stephoni with Happy Hour  
Tuesday, June 25<sup>th</sup> 2:00 pm  
Kasten Hall

SparkleBox © Copyright 2007, SparkleBox Teacher Resources (www.sparklebox.co.uk)



Will be monthly the first Tuesday of every month.

June's meeting will be Tuesday June 4<sup>th</sup> 11:00 pm Kasten Hall



**JUNE DINERS CLUB**  
Nacho Bar with Margarita's  
Thursday June 27<sup>th</sup> 12:00  
Kasten Hall

Please sign up by Thursday, June 20th



Cycling without Age  
Bike Rides

Rides will be starting in June. If you are interested in going on a bike ride, see the activities department to sign up.

Take a ride and feel the wind in your hair. Rides are slow and have great conversations with the trained pilots.

