

JANUARY 2026



LASATA HEIGHTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Happy New Year! 5:30 - Sheepshead AR2&FL 6:00 - Hand & Foot - FL	2 10:30-Exercise with Julie - AR 11:00-New Year's Trivia-AR 1:15 Shopping--Piggly Wiggly 3:00-Kings in the Korner - GR 5:45 - LRC - AR3	3 1:30-Bingo - AR's 5:15 - Sheepshead-AR2&FL
4 5:30- Sunday Mass on Ch. 6 7:30-Worship Anew-Ch 24 Lutheran service 9:30 - Catholic Communion-AR 10:00-Rosary- AR12 1:30-Movie-Annie-AR 5:30-Sheepshead- FL 6:00- Blackjack- AR3	5 10:00- Exercise- AR's 11:00--AR 1:00-Bridge-TV 1:30-Snow flake making-AR 3:00- Rummikub-GR 5:15-Cribbage-AR	6 9:00-Bob's Sort & Size-FL 10:00 -Exercise-AR 2:00-Blackjack-Fl 3:00-Netflix-The Man on the Inside-AR 3:00-Blackjack-FL 5:30-Sheepsheads-AR2&FL 5:45-5 Crowns -GR	7 9:30-Catholic Com.-AR1 10:00-Exercise -AR 10:30-Current Events w/ Bobby- AR 1:00-Hand & Foot - GR 1:30- Bingo- AR 1,2,3 5:15 - Cribbage- AR	8 9:30-Shopping-Dollar Store 10:00-Exercise- w/Brenda-AR 3:00-Pastor Chats-Pastor K-FL 3:30-Happy Hour-Music w/Bob Welsch-AR 5:30 - Sheepshead AR2&FL 6:00 - Hand & Foot - FL	9 8:30-Men's outing to Flipside 10:00-Exercise with Julie - AR12 1:15 Shopping--Pick N Save 3:00-Uno-AR 3:00-Tech Time w/Chris-Must sign up 3:00-Kings in the Korner - FL 5:45 - LRC - AR3	10 1:30-Bingo-AR's 5:15-Sheepshead-AR2&FL
11 Happy Birthday Anna M. 5:30- Sunday Mass on Ch. 6 7:30-Worship Anew-Ch. 24 9:30 - Catholic Communion-AR 10:00-Rosary- AR12 1:30-Movie-Stand by me-AR 5:30-Sheepshead-FL 6:00- Blackjack- AR3	12 9:00-Toenail Trimmers 10:00- Exercise-AR 10:30-Maincures w/Marie-BS 1:00-Bridge-TV 3:00-Reminisce-AR 3:00 Rummikub-GR 5:15 - Cribbage-AR	13 9:00-Bob's Sort & Size-FL 10:00-Exercise-AR 10:30-Low Vision Group-FL 1:30-Interfaith-What they offer-AR 2:30-Catholic Mass-LCC 3:00-Blackjack-FL 3:00-Netflix-The Man on the Inside-AR 5:00-CPAC-Jazz Band 5:30-Sheepshead- FL 5:45-5 Crowns -GR	14 9:30-Catholic Com.- AR1 10:00- Exercise -AR 10:00-Optum-L 10:30-Current Events w/ Bobby- AR 1:00 - Hand & Foot-GR 1:30- Bingo- AR 4:00 White Elephant Party-HDR 5:15 - Cribbage- AR	15 Happy Brithday Peggy & Richard 9:30-Shopping-Walmart 10:00 -Exercise w/Brenda-AR 2:00-Chili Cookoff!-Kasten Hall-LCC 3:00-Pastor Chats with Pastor Maschke-AR	16 Happy Birthday Nan 10:00-Exercise w/Julie-AR 1:15- Shopping-Piggly Wiggly 1:30-Music w/John Raymond 3:00- 3:00-Kings in the Korner -FL 5:45 - LRC - AR3 6:00-Hand & Foot-FL	17 1:30-Bingo - AR's 5:15-Sheepshead-AR2&FL

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 5:30- Sunday Mass on Ch. 6 7:30-Worship Anew-Ch 24 9:30 - Catholic Communion-AR 10:00-Rosary- AR12 1:30-Movie-Dog-AR 5:30-Sheepshead- FL 6:00- Blackjack- AR3	19 10:00- Exercise-AR's 1:00-Bridge-TV 1:30-Community Project-AR 3:00- Rummikub-GR 5:15-Cribbage-AR	20 Happy Birthday Dennis 9:00-Bob's Sort & Size-FL 10:00-Exercise-AR 10:45-Lunch outing to La Cantina 1:00 Conversation Cafe-FL 3:00-Blackjack-FL 3:00 The Man on the Inside-AR 5:30-Sheepshead-AR2 5:45- 5 Crowns- GR	21 9:30-Catholic Com.- AR 10:30-Current Events w/Bobby-AR 1:00 - Hand & Foot - GR 1:30- Bingo- AR 5:45 - Cribbage- AR	22 9:30-Shopping-Meijer 10:00-Exercise w/Brenda-AR 3:00-Pastor Chats-Pastor Carl-AR 5:30 - Sheepshead AR2&FL 6:00 - Hand & Foot - FL	23 10:00- Exercise w/Julie - AR 1:15-Shopping-Pick N Save 3:00-Kings in the Korner- FL 5:45 - LRC - AR3	24 1:30- Bingo- AR 5:15 - Sheepshead-AR2&FL
25 Happy Birthday Joe 5:30- Sunday Mass on Ch. 6 7:30-Worship Anew-Ch 24 9:30 - Catholic Communion-AR 10:00-Rosary- AR12 1:30-Movie-As Good as it Gets-AR 5:30-Sheepshead- FL 6:00- Blackjack- AR3	26 10:00- Exercise-AR12 1:00-Bridge-TV 3:00-Dime Bingo-AR 3:00- Rummikub-GR 5:15-Cribbage-AR	27 9:00-Bob's Sort & Size-FL 10:00-Exercise-AR1 1:30-Travelouge to Alaska-AR 3:00-Blackjack-FL. 3:30-Healthy Tidbits-AR 5:30-Sheepshead-AR2 5:45- 5 Crowns- GR	28 9:30-Catholic Com.- AR 10:30-Current Events w/Bobby-AR 1:00 - Hand & Foot - GR 1:30- Bingo- AR 3:30-Book Club-AR 5:45 - Cribbage- AR	29 9:30-Shopping-Aldi's 10:00-Exercise w/Brenda-AR 3:00-Pastor Chats-AR 5:30 - Sheepshead AR2&FL 6:00 - Hand & Foot - FL	30 10:00- Exercise w/Julie - AR 1:15-Shopping-Sendik's 3:00-Bible Study-AR 3:00-Kings in the Korner-FL 5:45 - LRC - AR3	31 1:30- Bingo- AR 5:15 - Sheepshead-AR2&FL
		ACTIVITY LOCATIONS: • AR's - Activity Rooms • BS - Beauty Shop • CDR - Crossings Dining Room • CP- Crossings Patio • L - Lobby • LM - Library and Media Room • CR-Conference Room • HL-Heights Lobby • HDR - Heights Dining Room • FL - Fireside Lounge (Heights) • GR - Game Room (Heights) • TV- T.V. Room (Heights) • Channel 956: Movies, Concerts, Special Events, per Activity Calendars • Channel 958: Live Chapel Services happening at the Care Center				