

OCTOBER 2026LASATA HEIGHTS

| SUNDAY                                                                                                                                                                        | MONDAY                                                                                                              | TUESDAY                                                                                                                                                                                                                                         | WEDNESDAY                                                                                                                                                                                                                     | THURSDAY                                                                                                                                                                                                                  | FRIDAY                                                                                                                                                       | SATURDAY                                                            |
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|                                                                                                                                                                               |                                                                                                                     |                                                                                                                                                               |                                                                                                                                                                                                                               | 1<br>9:30-Shopping to Good Will<br>10:00 -Exercise-AR<br>1:00-Mural Painting-AR<br>1:30-Mystery Ride<br>3:00-Pastor Chats-Pastor Alexis-AR<br>5:30 - Sheepshead-AR<br>6:00 - Hand & Foot-FL<br>6:00-Blackjack-AR          | 2<br>10:00 Exercise w/Julie-AR<br>10:30-Special Speaker-Dennis Krause-AR<br>1:15-Shopping Piggly Wiggly<br>3:30-Kings in the Korner - AR<br>5:45 - LRC - AR3 | 3 Happy Birthday Holly<br>1:30-Bingo-AR's<br>5:15-Sheepshead-AR2&FL |
| 4<br>5:30- Sunday Mass on Ch. 6<br>9:30 -Eucharist Service-AR<br>10:00-Rosary- AR12<br>1:30-Movie-Toy Story-AR<br>5:30-Sheepshead- FL<br>6:00- Blackjack- AR3                 | 5<br>10:00- Exercise-AR<br>10:30-Manicures w/Marie-BS<br>1:30-Jeopardy-AR<br>3:00-Rummikub-FL<br>5:15 - Cribbage-AR | 6 Happy Birthday Doris<br>8:30-Thienville Farmers Market-Must sign up<br>9:00-Bob's Sort & Size-FL<br>10:00 -Exercise-AR12<br>1:30-Optum--AR<br>2:00-Blackjack-FL<br>3:00-Halloween Painting-AR<br>5:30-Sheepsheads-AR2&FL<br>5:45-5 Crowns -GR | 7<br>9:30-Eucharist Service-AR1<br>10:00-Exercise -AR<br>10:30-Current Events w/ Bobby- AR<br>1:00-Hand & Foot-FL<br>1:30- Bingo- AR<br>4:00 - Rosary -AR<br>5:15 - Cribbage- AR                                              | 8<br>9:30-Shopping- Dollar Tree<br>10:00 -Exercise w/Brenda-AR<br>1:00-Mural Painting-AR<br>1:30-Travelouge-Romania-AR<br>3:00-Pastor Chats-Pastor K-AR<br>5:30 Sheepshead AR<br>6:00 Hand & Foot-FL<br>6:00-Blackjack-AR | 9<br>10:00-Exercise with Julie-AR<br>1:15 Shopping--Pick n Save-<br>3:00-Tech Time w/Chris<br>3:30-Kings in the Korner - FL<br>5:45-LRC-AR                   | 10<br>1:30-Bingo-AR's<br>5:15-Sheepshead-AR2&FL                     |
| 11<br>5:30- Sunday Mass on Ch. 6<br>9:30-Eucharist Service-AR<br>10:00-Rosary- AR12<br>1:30-Movie-The Curse of Bridge Hollow-AR<br>5:30-Sheepshead-FL<br>6:00- Blackjack- AR3 | 12<br>10:00- Exercise-AR<br>2:00-Seagle & Friends-AR<br>3:30-Reminisce-AR<br>5:15 - Cribbage-AR                     | 13<br>9:00-Bob's Sort & Size-FL<br>10:00-Exercise-AR<br>10:30-Low Vision Group-FL<br>1:30-Optum-AR<br>2:00-Blackjack-FL<br>2:30-Catholic Mass<br>5:30-Sheepshead- FL<br>5:45-5 Crowns -GR                                                       | 14 Happy Birthday Martha<br>9:30-Eucharist Service-AR1<br>10:00-Exercise -AR<br>10:30-Current Events w/ Bobby- AR<br>1:00-Hand & Foot-FL<br>1:30- Bingo- AR<br>4:00 - Rosary -AR<br>5:15 - Cribbage- AR<br>6:00-Dime Bingo-AR | 15<br>9:30- Shopping-Walmart<br>10:00 -Exercise--AR<br>1:00-Mural Painting-AR<br>1:30-Halloween Craft-AR<br>3:00-Pastor Chats with Pastor Maschke-AR<br>5:30-Sheepshead-AR<br>6:00-Hand & Foot-FL<br>6:00-BlackJack-AR    | 16 Happy Birthday Rachel<br>10:00-Exercise w/Julie-AR<br>1:15- Shopping -Piggly Wiggly<br>3:30-Kings in the Korner -AR<br>5:45-LRC-AR                        | 17<br>1:30-Bingo - AR's<br>5:15-Sheepshead-AR2&FL                   |

OCTOBER 2026

LASATA HEIGHTS

| SUNDAY                                                                                                                                                                                                         | MONDAY                                                                                                                       | TUESDAY                                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                           | THURSDAY                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                                                                  | SATURDAY                                           |
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| 18<br>5:30- Sunday Mass on Ch. 6<br>9:30-Eucharist Service-AR<br>10:00-Rosary- AR12<br>1:30-Ghostbuster's-AR<br>5:30-Sheepshead-FL<br>6:00 Blackjack- AR3                                                      | 19 Happy Birthday Terri<br>10:00- Exercise- AR's<br>2:00-Happy Hour w/Bob Welsch-AR<br>3:00- Rummikub-FL<br>5:15-Cribbage-AR | 20<br>9:00-Bob's Sort & Size-FL<br>10:00-Exercise-AR1<br>1:30-Conversation Cafe-AR<br>2:00-Blackjack-FL<br>5:30-Sheepshead-AR2<br>5:45- 5 Crowns- GR<br>6:00-CHS Choir Concert                       | 21<br>9:30-Eucharist Service-AR1<br>10:00- Exercise -AR<br>10:30-Current Events w/ Bobby- AR<br>1:00 - Hand & Foot-FL<br>1:30- Bingo- AR<br>4:00 - Rosary - AR<br>5:45 - Cribbage- AR                                               | 22<br>9:30- Shopping Trip-to Meijer-<br>10:00 -Exercise w/Brenda-AR<br>1:00-Mural Painting-AR<br>1:30-Pumpkin Painting-AR<br>3:00-Pastor Chats-Pastor Carl-AR<br>5:30-Sheepshead-AR<br>6:00-Hand & Foot-FL<br>6:00- Blackjack-AR                 | 23<br>10:00- Exercise with Julie -AR<br>1:15-Shopping-Sendiks-<br>1:30-Halloween Races-AR<br>3:30-Kings in the Korner-FL<br>3:00-Bible Study-AR<br>5:00-Trivia Night-HDR<br>5:45-LRC-AR                                                 | 24<br>1:30- Bingo- AR<br>5:15 - Sheepshead-AR2&FL  |
| 25 Happy Birthday Jackie<br>5:30- Sunday Mass on Ch. 6<br>9:30--Eucharist Service-AR<br>10:00-Rosary- AR12<br>1:30-Movie-Willy Wonka & the Chocolate Factory-AR<br>5:30-Sheepshead- FL<br>6:00- Blackjack- AR3 | 26<br>10:00- Exercise-AR<br>1:30-Fill halloween candy bags-AR<br>3:00- Rummikub-FL<br>5:15-Cribbage-AR                       | 27<br>9:00-Bob's Sort & Size-FL<br>10:00-Exercise-AR<br>10:45- Lunch outing<br>2:00-Scott the Great-AR<br>2:00-Blackjack-FL.<br>3:30-Healthy Tidbits-AR<br>5:30-Sheepshead-AR2<br>5:45- 5 Crowns- GR | 28<br>9:00-Dog visist w/Lora & Wilby-L<br>9:30-Catholic Com.- AR1<br>10:00- Exercise -AR 1<br>10:30-Current Events w/ Bobby- AR<br>1:00-Hand & Foot-FL<br>1:30-Bingo- AR<br>3:30-Book Club-AR<br>4:00-Rosary-AR<br>5:45-Cribbage-AR | 29 Happy Birthday Marie Wiggly<br>9:30-Shopping-Piggly<br>10:00 -Exercise w/ Brenda-AR<br>1:00-Mural Painting-FL<br>2:00-Ms. Kim & her Amazing animals<br>4:00-Happy Hour-HDR<br>5:30-Sheepshead-AR<br>6:00-Hand & Foot-FL<br>6:00- Blackjack-AR | 30 Happy Birthday Mary K<br>9:00-Trick or Treaters-AR<br>10:00- Exercise with Julie -AR<br>11:45-Halloween Meal-HDR<br>1:30-Costume Runway and Contest-AR<br>3:00-Sing Along w/Friends-AR<br>3:30-Kings in the Korner-AR<br>5:45-LRC-AR | 31<br>1:30-Bingo- AR<br>5:15-Sheepshead-AR2&FL<br> |

- ACTIVITY LOCATIONS:
- AR's - Activity Rooms
  - BS - Beauty Shop
  - CP- Crossings Patio
  - L - Lobby
  - LM - Library and Media Room
  - CR-Conference Room
  - HL- Heights Lobby

- HDR - Heights Dining Room
  - FL - Fireside Lounge (Heights)
  - GR - Game Room (Heights)
  - TV- T.V. Room (Heights)

